

Handwashing makes you feel good!

Hotels/resorts should train staff in good hand hygiene and handwashing practices as part of their Standard Operating Procedures.

The critical times for handwashing with soap are:

- Before and after eating
- After using the toilet
- Before preparing food
- After coughing or sneezing
- When caring for sick people
- After handling animals or waste

Hotel staff trained in hand hygiene can promote these practices with their family at home and within their community.



Handwashing stations should be accessible to everyone. For children this may include a stool to reach the tap, and for people with disabilities and the elderly this may include railings or ramps in bathrooms.



Responsible yaqona drinking

When preparing to drink yaqona, to be safe these are the steps you should take:

- 1 Wash your hands carefully.
- 2 Ensure the *tanoa*, *bilos* and *yaqona* cloth are carefully washed between each use.
- 3 Make sure you have clean water.
- 4 Mix the *yaqona* carefully. Wear gloves.
- 5 Bring your own *bilo*. Do not share.
- 6 Use a long coconut shell spoon to serve the *yaqona*. Do not put your hands in the *yaqona* when serving it.
- 7 Do not share your cigarettes or snacks.
- 8 Sit at least 2 metres apart from each other so you do not give another person Covid.



Menstrual Hygiene Management

What makes a toilet period friendly?

Periods are a normal part of life. Women and girls need access to safe and clean toilet facilities to manage menstrual hygiene with dignity.



Safe and conveniently located and accessible for all women with disabilities



Culturally appropriate, menstrual waste disposal option (dustbins, pits)



Provide privacy (doors, locks)



Public and community toilets should be separated by gender, also provide access to menstrual products and have hooks, shelves and mirrors



Water and soap is available to wash hands, bodies and reusable products



And of course the toilet must be clean



Accessible during day and night (area and internal lighting)



Toilet hygiene in communities

Inclusive toilet design

Make sure there is no height difference between the ground and the floor of the toilet. If there is, then a ramp with a rough texture (not slippery) must be placed (with a maximal slope in six degrees).



Flat floorings as foundation for easy maneuver



Use a simple door handle. The door should be able to be opened easily in order to ease wheelchair-users (with exit opening and width of 90cm)



Allow adequate lighting to pass through



Firmly placed handrails

